

**TREPAVIÑAS 2013, Cacabelos 06/10/2013**

MEDIA MARATON . Distancia: 23.710 m

**CLASIFICACIÓN POR CATEGORÍAS**

<b>ABSM ABSOLU'Inscritos:</b>			<b>23 Llegados:</b>			<b>21</b>		
PtoCat	Dorsal	Nombre	T_Final	RitmoKM	Control	Licencia	Club	Localidad
1	669	PABLO ALVAREZ GONZALEZ	02:01:02	00:05:07				PONFERRADA
2	632	JUANJO PÉREZ MANSILLA	02:04:26	00:05:15	01:05:26			PONFERRADA
3	666	JORGE PINTOR PRADA	02:06:48	00:05:21	01:05:26			PONFERRADA
4	633	JOSE ANTONIO DÍAZ ÁLVAREZ	02:12:09	00:05:35	01:09:31			PONFERRADA
5	625	VALENTÍN PÉREZ CUADRADO	02:13:55	00:05:39	01:10:19			PONFERRADA
6	654	JORGE FERNANDEZ ARIAS	02:30:49	00:06:22	01:15:06			PONFERRADA
7	623	MOHAMED BRAHIM MOHAMED LEMIN	02:33:51	00:06:30	01:21:58			VILLABLINO
8	650	DAVID NIETO VELASCO	02:34:16	00:06:31	01:18:06			VILLAVERDE DE LOS CESTOS
9	649	IVAN DOMINGUEZ ALVAREZ	02:34:16	00:06:31	01:18:06			VILLAVERDE DE LOS CESTOS
10	627	RICARDO LÓPEZ SOTO	02:39:49	00:06:45	01:23:51			PONFERRADA
11	695	JOSE LUIS FERNANDEZ CANEDO	02:42:39	00:06:52	01:12:56			QUILOS
12	684	ALEJANDRO RODRÍGUEZ GUTIÉRREZ	02:43:43	00:06:55	01:26:03			PONFERRADA
13	692	CARLOS CARRERA ALVAREZ	02:46:24	00:07:02	01:22:53			PONFERRADA
14	687	VICTOR-MANUEL RODRIGUEZ MAURIZ	02:59:14	00:07:34	01:38:47			MADRID
15	608	JAVIER PIÑUELA COCA	02:59:14	00:07:34	01:38:47		CLUB ALPINO BERCIANO	PONFERRADA
16	641	PAULINO BELLO GARCIA	03:20:38	00:08:28	01:42:20			CACABELOS
17	639	ADELINO LÓPEZ VOCES	03:20:38	00:08:28	01:42:21			CACABELOS
18	622	JENARO MORÁN CUADRADO	03:41:11	00:09:20	01:48:17		ZAPATILLASMINIMALISTAS.NET	PONFERRADA
19	638	MANUEL LOPEZ MENDEZ	03:45:51	00:09:32	01:57:13			CACABELOS
20	617	JOSE BENITO ALVAREZ MIGUEL	04:28:30	00:11:20	02:13:37		ULTRASPORT-TEAM	PONFERRADA
21	634	MARCO ANTONIO ALBA NAVEIRA	04:49:36	00:12:13	02:09:02			CARRACEDO DEL MONASTERIO

<b>ABSF ABSOLU'Inscritos:</b>			<b>36 Llegados:</b>			<b>30</b>		
PtoCat	Dorsal	Nombre	T_Final	RitmoKM	Control	Licencia	Club	Localidad
1	699	RAQUEL DÍAZ FERNÁNDEZ	02:36:56	00:06:38	01:23:24			PONFERRADA
2	605	CHRISTINE GHIONE MASTRY	02:39:49	00:06:45	01:23:40			VILASSAR DE MAR
3	643	LIDIA ARIAS RODRÍGUEZ	02:41:39	00:06:50	01:27:30			O BARCO DE VALDEORRAS
4	701	SUSANA ALVAREZ ALVAREZ	02:43:33	00:06:54				PALACIOS DEL SIL
5	610	SILVIA HERNÁNDEZ VEGA	02:46:24	00:07:02	01:23:32		FTRAINERS	CACABELOS
6	614	ESTHER GARNELO FABIA	02:46:44	00:07:02	01:24:30		ULE	CARRACEDO DEL MONASTERIO
7	640	HELIANA MARTINEZ ALONSO	02:50:54	00:07:13	01:30:40			CULLEREDO
8	613	JENNIFER MEJIA LOPEZ	03:02:47	00:07:43	01:28:35		RUTAS DEL BIERZO	PONFERRADA
9	670	VICTORIA CEBREIRO LOPEZ	03:02:47	00:07:43	01:28:33			PONFERRADA
10	675	ANA GARNELO FERNANDEZ-TRIGALES	03:20:41	00:08:28	01:45:43			PONFERRADA
11	665	NEREA GUERRERO ARIAS	03:20:41	00:08:28	01:45:47			PONFERRADA
12	620	CONCEPCION BARBER VIDAL	03:20:42	00:08:28	01:45:42		UVEO2 GYM RUNNER	PONFERRADA
13	657	BERTA GARCÍA DÍEZ	03:24:10	00:08:37	01:40:17			CACABELOS
14	698	MONICA DIEGUEZ RODRIGUEZ	03:28:11	00:08:47	01:47:25			CENLLE
15	683	NATIVIDAD FRANCO QUIROGA	03:38:33	00:09:14	01:54:25			CACABELOS
16	621	RAQUEL MORÁN CUADRADO	03:41:11	00:09:20	01:48:16		ZAPATILLASMINIMALISTAS.NET	VILLAVERDE DE LA ABADÍA
17	662	ANA ISABEL LOPEZ MENDEZ	04:01:54	00:10:13	01:57:15			CACABELOS
18	646	Mª VICTORIA RICO GARCIA	04:06:27	00:10:24				PONFERRADA
19	705	EVA FERNANDEZ VIZCAYA	04:14:30	00:10:45	01:59:38			
20	658	LAURA FERNANDEZ CARBAJAL	04:28:37	00:11:20	02:12:59			DEHESAS
21	668	ALBA CASTAÑEIRAS LOPEZ	04:32:39	00:11:30	02:08:02			PONFERRADA
22	689	MONICA GONZALEZ CORRAL	04:32:41	00:11:31	02:14:15			
23	660	RUTH MONTES VEGA	04:35:50	00:11:39	02:15:46			CACABELOS
24	661	LETICIA MONTES VEGA	04:35:51	00:11:39	02:15:46			CACABELOS
25	655	MARIA JESUS HERNANDEZ GONZALEZ	04:38:59	00:11:46	02:15:47			FUENTESNUEVAS
26	651	VERONICA GIRALDEZ GAGO	04:38:59	00:11:46	02:15:48			PONFERRADA
27	624	EMMA MARÍA CASTAÑO ÁLVAREZ	04:49:34	00:12:13	02:09:01			PONFERRADA
28	679	LORENA RODRIGUEZ PIRIS	04:49:35	00:12:13				PONFERRADA
29	645	NAZARET PONCELAS FERNANDEZ	04:50:21	00:12:15	02:25:18			FABERO
30	644	VANESA ASTRAY VARELA	04:50:22	00:12:15	02:25:19			A CORUÑA

<b>VTM VETERANInscritos:</b>			<b>36 Llegados:</b>			<b>33</b>		
PtoCat	Dorsal	Nombre	T_Final	RitmoKM	Control	Licencia	Club	Localidad
1	602	JOSE MANUEL CALVO ALVAREZ	01:57:21	00:04:57	00:59:20		C. D. ATLETISMO LA BAÑEZA	TOMBRIO
2	612	JUAN ALBERTO LOSADA GARCÍA	01:58:08	00:04:59	01:03:26		RUTAS DEL BIERZO	PONFERRADA
3	635	JAVI SAN MIGUEL BODELON	02:00:02	00:05:04	00:59:28			PONFERRADA
4	629	JUAN CARLOS GONZALEZ ARIAS	02:04:48	00:05:16	01:03:28			BEMBIBRE
5	616	FERNANDO RODRIGUEZ OVALLE	02:09:13	00:05:27	01:07:07		ULTRASPORT-TEAM	PONFERRADA
6	609	ENRIQUE MARTINEZ MARTINEZ	02:17:46	00:05:49	01:10:31		CLUB ALPINO BIERZO	PONFERRADA
7	615	DANIEL RODRIGUEZ PEREZ	02:23:21	00:06:03	01:13:07		ULTRASPORT-TEAM	PONFERRADA
8	626	JOSE GARRIDO NUÑEZ	02:23:50	00:06:04	01:12:54			PONFERRADA
9	631	ARTURO GARCIA PERTIERRA	02:26:03	00:06:10	01:13:20			PONFERRADA
10	607	JOAQUIN GARCIA FERNANDEZ	02:26:24	00:06:11	01:17:06		CD GAS NATURAL FENOSA	PONFERRADA
11	606	JAVIER RODRÍGUEZ MONTEIRA	02:29:14	00:06:18	01:17:33		BIERZO TODODEPORTE	PONFERRADA

12	674	EDUARDO ANTONIO GONZALEZ PRADA	02:29:28	00:06:19	01:17:42			PONFERRADA
13	667	CARLOS CASTAÑEIRAS FOLGUERAL	02:32:45	00:06:27	01:22:02			PONFERRADA
14	648	JOSE ENRIQUE ROJAS SILVA	02:32:45	00:06:27	01:21:56			PONFERRADA
15	652	ROBERTO RODRIGUEZ OVALLE	02:33:51	00:06:30	01:21:58			CACABELOS
16	690	ALBINO GONZALEZ GOMEZ	02:34:49	00:06:32	01:20:17			CORTIGUERA
17	604	PABLO GARCIA VAZQUEZ	02:35:28	00:06:34	01:13:55		ULE BIERZO	PONFERRADA
18	672	JORGE MARTINEZ BARREDO	02:38:43	00:06:42	01:20:58			CACABELOS
19	603	MARIO FELIPE GONZALEZ MAHILLO	02:39:49	00:06:45	01:23:41		PIRI	VILASSAR DE MAR
20	653	ANTONIO J. GOMES	02:47:05	00:07:03	01:22:35			PONFERRADA
21	685	JOSE FERNANDEZ LANDEIRA	02:48:32	00:07:07	01:27:00			CACABELOS
22	676	JUAN ANTONIO BASANTE BLANCO	02:56:29	00:07:27	01:30:32			CACABELOS
23	680	AURELIO MARTÍNEZ VEIGAS	02:58:25	00:07:32	01:33:38			PÁRAMO DEL SIL
24	611	ANGEL CASTRO BLANCO	03:03:52	00:07:46	01:33:35		RUTAS	PONFERRADA
25	636	GONZALO FERNANDEZ AGUADO	03:05:05	00:07:49	01:33:23			CACABELOS
26	686	TOÑO BALIN	03:20:42	00:08:28	01:45:35			PONFERRADA
27	697	CAMILO MUÑIZ RODRIGUEZ	03:28:11	00:08:47	01:47:24			COLES
28	682	JOSE ALEJANDRO FERNANDEZ ALONSO	03:38:34	00:09:14	01:54:26			CACABELOS
29	630	RAFAEL PEREZ GIL	04:10:08	00:10:33	02:04:05			PONFERRADA
30	673	ADELINO PEREZ GIL	04:10:08	00:10:33	02:03:53			PONFERRADA
31	628	JAVIER PARRA GIL	04:10:13	00:10:34	02:03:54			PONFERRADA
32	694	JAVIER VEGA ALVAREZ	04:16:29	00:10:50	02:13:25			PONFERRADA
33	659	FRANCISCO JAVIER SANCHEZ MARTINEZ	04:28:38	00:11:20	02:12:58			HERVEREDO

**VTF VETERAN**Inscritos: **7** Llegados: **5**

PtoCat	Dorsal	Nombre	T_Final	RitmoKM	Control	Licencia	Club	Localidad
1	691	MÓNICA MANJARÍN FERNÁNDEZ	02:46:44	00:07:02	01:24:29			PONFERRADA
2	663	SONIA GUERRERO CAMPILLO	03:20:41	00:08:28	01:45:41			PONFERRADA
3	647	PILAR SOTELO DIEGUEZ	04:14:33	00:10:45	01:59:40			A RUA
4	642	PAULA ALONSO HERNANDEZ	04:16:28	00:10:49	02:13:24			PONFERRADA
5	693	SHEILA MARIA RIESCO DE CASTRO	04:28:30	00:11:20	02:13:38			PONFERRADA

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